

# Christmas Break Boot Camp

Teens Only!



Grab a  
friend &  
**GET  
FIT**  
over the  
holidays!

Program  
starts  
Dec. 19th

Only  
\$99

Join our Boot Camp program over the Christmas break. Only 4 people per class - get fit this holiday season & get a head start on your New Year's Resolutions.

Program runs on: Dec. 19 / 21 / 23 / 27 / 29  
Choose either: 12pm class, or 2pm class

To register: 604.341.1509  
info@fitnesswithpj.com



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MAKING YOU FIT. FOR LIFE.

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